# EGYPARKINSON'S

**LIMITED EDITION** 

All you need to know about
Parkinson's now between your
hands



Navigating life with Parkinson's disease



## **EGYPARKINSON'** S E-MAGAZINE



#### Egyparkinson's Podcast 2nd Episode

Our guest was Farida Essam it was just an interesting episode she talked about climate change and its impact on Parkinson's patients in Egypt. Listen to the full episode and don't miss it

### Farida Could you introduce your self to the audience

I am Farida Essam a 23-year-old senior student at the faculty of physiotherapy. I am an environmentalist, a climate and public health advocate, and an environmental awareness facilitator. I am the co-founder of the environmental and youth empowering student club "Greenish Club" at Misr University For Science and Technology and the student president of all Greenish Club branches in over 12 governorates in Egypt. I have been selected as a member of the international youth delegation at COP27 and participated in presenting the research results of the effect of climate change on youth mental health in collaboration with AUC research team.

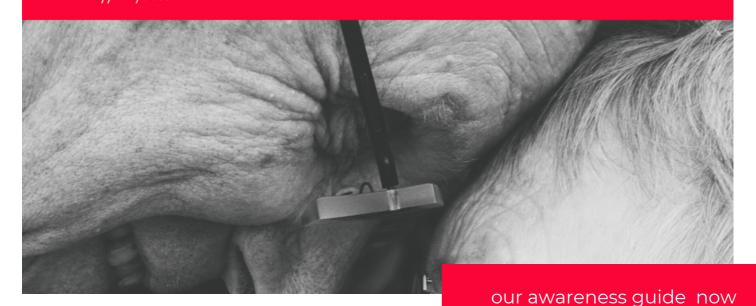
### Farida, is there's a link between climate change a PD patients?

of course, there is a link but we need a lot of researches studies in Egypt to support this idea



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# دلیل التوعیهٔ لمرض بارکنسون هرکنسون



#### The Awarness Guide

will be available by the 1st of September in hard copies If you need your hard copy please leave us a message. You can give it to your loved ones, your students, your colleagues

This guide is in Arabic our next step is translating it into English and Spanish

This guide is only the beginning of a better life for Parkinson's patients in Egypt.

you will find it a friendly usage guide and we hope everyone enjoys reading it



between your hands